



**Liberate Yourself From Anything Outside This Moment Revealed!**  
**AWAKEN Beyond The Dream About What You Are 'Not'**

Signature energy is the sum of what we choose to believe, think, say, do and feel.  
 It is a print out of our choices. Don't like what you see, heal inner emotional wounds and make more heart centered choices. Mar 10.21

<b>EMPOWERING</b>	<b>DIS-EMPOWERING</b>
Abundance and prosperity are my focus	Scarcity and lack are my focus
I Ask	I Take
Awareness continually expands	Limited awareness
Awake beyond a dream about what I am not	Asleep inside a dream about what I am not
Check for evidence [discern]	Repeat information without questioning it
Coherence prevails	Conflict prevails
<b>Consent</b> [I choose wisely]	<b>Consent*</b> [I give personal Power to others]
Courageous	Conform
Empowered, life happens BY me	Disempowered, life happens TO me
Expansive	Quiet servitude
Harmless	Exploit others
Heart centered action prevails	Unawareness breeds apathy, denial, inaction
I stop judging you	I forgive you
Inclusiveness prevails	Exclusiveness prevails
Inner truth prevails	Follow the crowd
Intend	Pretend
Interdependent	Independent
Love [unconditional]	Fear [programmed conditioning]
Master of my emotions and ego	Victim mentality
Multidimensional [physical + non- physical reality]	Reality limited to 5 physical senses
Positive thoughts and feelings	Negative thoughts and feelings
Powerful, limitless, manifest easily	Powerlessness, limited, use force to get results
Present moment [open mind and heart]	Worry about the past, fear the future
Release attachment to everyone, everything	Inflexible, emotionally attached to familiar
Request	Tell, demand, command
Response-able [bring to correction]	Blame and shame others
Self-empowered [willing to change myself]	Unaware, forceful, easily manipulated, controlled
Service to greater good	Service only to self
Think and feel [intuition]	Logic [project negative past into the present]
Thrive	Survive
Trust inner guidance	Self doubt
Truth speaker	Guarded, silent
Unity of purpose [We]	Separation consciousness [Us versus them]